

# Textiles – Ancient Greek Olympic Headband

## Key Vocabulary

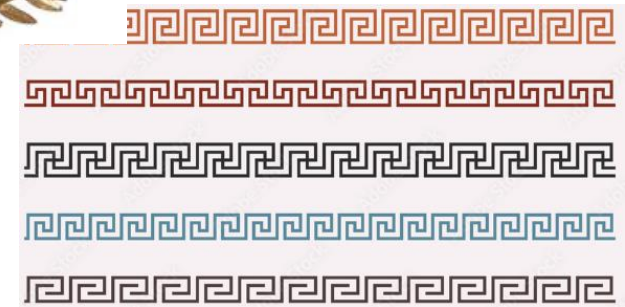
<b>Textile</b>	A fabric or cloth material used to make items like clothes or decorations.
<b>Running Stitch</b>	A simple stitch where the needle goes in and out of the fabric in a straight line, like dashes.
<b>Back Stitch</b>	A back stitch is a strong sewing stitch that makes a solid, unbroken line.
<b>Motif</b>	A small picture, shape or symbol used in a pattern. It is often repeated to make a bigger design.
<b>Meander Pattern</b>	A meander pattern is a repeating Greek key line design made with straight angles.
<b>Olympic</b>	Olympic means connected to the Olympic Games or athletes who compete in them.



Laurel Wreath



Meander Pattern



### Design Brief

You have been commissioned to design and make a fabric Olympic headband for an Ancient Greek athlete. The headband must be suitable for someone competing in the Ancient Olympic Games and should show important Greek symbols and patterns. The headband must be made from fabric and include Ancient Greek meander patterns as part of the decoration. It must also include at least one recognisable Ancient Greek symbol, such as a laurel wreath, olive leaves, or potter-style motifs. You must use a running stitch and a back stitch when decorating your headband and joining the two fabric ends together. The finished headband should be comfortable and secure enough to wear.

### Backstitch

