



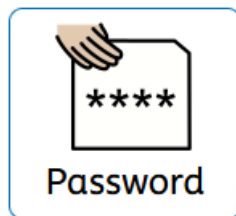
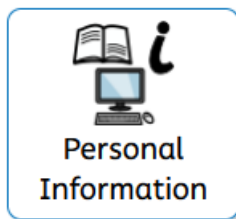
PSHE – Digital Wellbeing



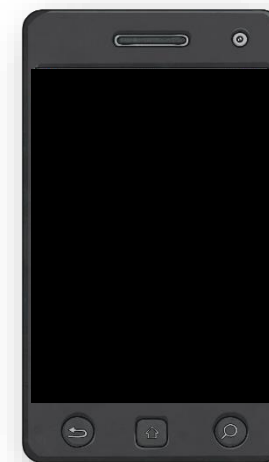
Internet	A giant network of computers all over the world that are connected so people can share information with each other.	Positives	Encouraging or good things, for example a positive of the internet is that we can quickly talk with friends and family that may be far away.
Negatives	Discouraging or bad things, for example a negative of the internet is that some strangers may try to encourage you to share personal information, which can be dangerous.	Personal information	Things such as your full name, your date of birth, or where you live.
Password	A secret word or phrase that you use to access something. Your phone or computer may have a password to log in. Should be kept secret from others.	Restriction	A limit, or something that is put in place to protect people and make sure they are safe. Child friendly restrictions online will prevent you from accessing anything inappropriate.
Reliable	Something that can be trusted or depended upon.	Online safety	Staying safe whilst using the internet, whether it's on a phone, tablet, computer, or a console accessing online games.

The internet can have lots of positives and lots of negatives!

We have to make sure when we are using the internet that we are being safe, and always tell an adult if you're concerned about something you've seen or read.



Nowadays, we can access the internet with many different devices, which can be really helpful!



We have to practice online safety, and make sure we don't give out personal information to people we don't know.

